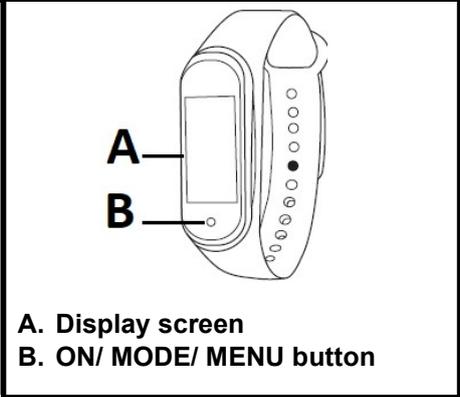


PLEASE READ THE MANUAL BEFORE YOUR FIRST USE. KEEP THIS MANUAL SAFE FOR FUTURE REFERENCE!

PRODUCT DESCRIPTION



TECHNICAL SPECIFICATIONS

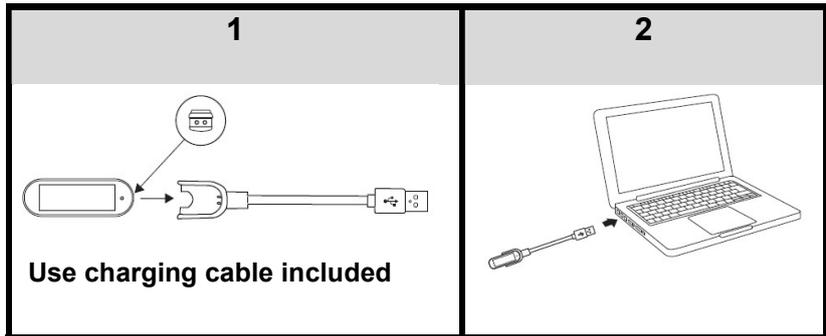
- 5V 1A
- 1 x Li-ion battery 50mAh 3.7V ---

Make sure that the power of the charging device (computer, rechargeable battery, etc.) should not exceed 1A otherwise it will damage the battery.

- Bluetooth 4.0
- Sensor: Low power accelerometer
- Operating temperature: -10°C- 50°C
- System Requirements: Android 5.0 or above; IOS9.0

BATTERY CHARGING

Before first use, for next charges and when the battery is worn out ("Power down" displays. Then, the product turns off.), proceed as below for charging:



Charging for full charge: About 70 minutes

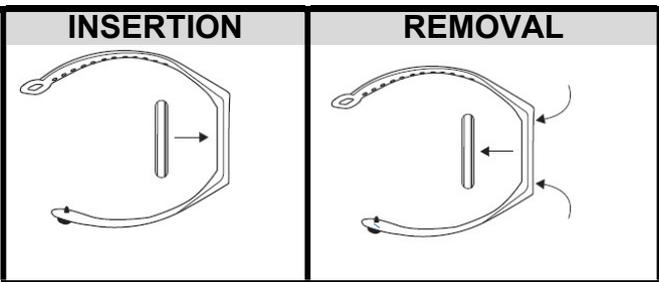
After connection, the device automatically turns on, and turns off about 4/6 seconds later. To check the charging status, press the ON/ MODE/ MENU button.

When charging the icon in the opposite and the time display.

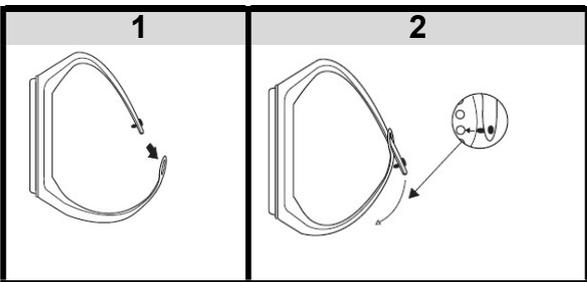


BEFORE USING YOUR SMART WRISTBAND

1. HOW TO INSERT/ REMOVE THE CASE



2. HOW TO ADJUST THE BRACELET



When adjusting, the sensor should be close to the skin to prevent the wristband from moving on the wrist.

## DOWNLOADING AND INSTALLING THE APP ON THE PHONE

You have 2 options, as per your choice, which are below:

SCAN THE QR CODE	DOWNLOAD APP « FITPRO »
<ol style="list-style-type: none"><li>1. Open the built-in camera on a compatible android phone (System Requirements: Android 5.0 or above; iOS9.0).</li><li>2. Point the camera at the banner.</li><li>3. Tap the banner. A double circle pop-up. Tap « View QR code details ». The website of the app displays. Tap « Go to website », then « Google play download ».</li><li>4. « Fitpro » app interface appears. Finally tap « Install ».</li></ol> 	<p>Go to the App Store, download "Fitpro" app and install it onto your cellphone.</p>
<p>Then follow the instructions on the screen to install and finish signing in. <b>Note:</b> It is recommended to allow all permissions such as accessing to photos, contact information, media files, services, etc to enjoy all the features and functions of your wristband.</p>	

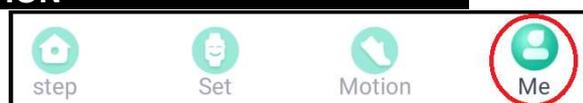
## BINDING THE WRISTBAND AND CELLPHONE

1. Activate the bluetooth on your cellphone.
2. Open « FitPro » app to enter.
3. Tap « SET » on FitPro interface, at the bottom. A banner at the top indicates that the device is disconnected.
4. Tap « Bind devices to experience more features », in light green colour, just under the banner. The scan starts to find available bluetooth addresses.
5. After pairing is successful, the App automatically saves the bluetooth address of the wristband : **LH716** ». Tap on it. Wait until the connection operation is totally completed and successful ; your wristband will automatically synchronize the current time.



## ACCOUNT REGISTRATION

1. Tap « ME » at the far right bottom.
2. Tap "Login". Then tap " Register" at the top, far left
3. Enter your mailbox. Input a password and confirm it by entering it again.
4. Tap "REGISTER" once. Tap on the arrow  at the far left top to go back to login interface. Input your mailbox and password. Tap "LOGIN".



Note: To use FitPro App, make sure your device is connected with Internet via Wi-Fi or 3G.

## FILLING IN YOUR PERSONAL INFORMATION

1. Tap « ME » at the far right bottom.
2. Tap « User Profile ».
3. Set your personal information : gender, age, height, weight, targeted goals for running and walking and unit for distance (km/ miles), weight (kg/ pounds) & height (cm/ inch).



## WRISTBAND OPERATION

### A. ON/ MODE/ MENU BUTTON FUNCTION

**TURN ON:** When the wristband is turned off, press, and hold the button till it turns on. The clock interface displays by default.

After turning on, if the button is not pressed, the wristband will turn off 5/7 seconds later and enters sleeping mode. To turn on the screen, short press the button.

**TURN OFF:** When the wristband is on, short press the button repeatedly to scroll through the different modes. Stop pressing when you reach "MORE". Long press to enter this mode. Then short press slowly and repeatedly till you reach the information system: LH716. The  icon displays. Finally, long press till the message "Power down" displays.



**MODE:** When it is on, press the button repeatedly to scroll through the different modes below:

**Clock display – State – Bpm (heart rate) – Temp (Temperature) – Sports – Message – MORE menus**

**MENU:** After selecting the desired mode, long press to enter the menu.

### B. MODE/ MENU FUNCTION

#### 1. CLOCK



On clock mode, the time, date, day of the week, battery power status and number of steps display.

When the power battery is low, charge the wristband.

12/ 24-hour format: Press and hold the button to toggle between 12/ 24HR. "AM" or "PM" displays in 12Hr format.

#### 2. STATE



On state mode, long press the button to view the number of current real-time steps (**STEP**), distance covered based on the number of walking steps (**KM**) and estimation of burnt calories (**KCAL**).

#### 3. BPM



On Bpm mode, long press the button to view the data for the following 3 heart rates: BPM, Blood pressure (mm/ Hg)/ Blood oxygen %).

**Notes:** Make sure the wristband is correctly installed, with the sensor touching your wrist. Wait till the values display on the screen.

#### 4. TEMPERATURE



On temperature mode, long press the button to view the inside body temperature. Then long press till the body surface temperature displays. If some small horizontal lines display instead of the value, wait till the value display.

---

Notes : **Before performing temperature measurement, make sure to have worn it for 15 minutes beforehand to get accurate values.**

To convert the unit (°C or °F), connect to the APP on your cellphone. Tap « **Step** », then tap « **Temp** », then « **°C/ °F** » on the far right bottom, either choose °C or °F at the bottom, in the middle. Tap « **OK** » on the bottom, right below « **°C/°F** », to confirm.

The values recorded on your App is the body temperature surface.

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The temperature measurement results vary according to the ambient temperature, and the data is for reference only.

#### 5. SPORTS



On sports mode, short press the button repeatedly to scroll though the following multi-sport options : **Running– Skipping rope – Sit-up.**

Stop pressing when you reach the desired sport option. Press and hold the button till the below data display according to the sport selected.

Note : If you short press after reaching « Sit-up » menu, you will switch to Sports mode icon, shown in the opposite. Then long press to enter this mode and short press repeatedly to scroll through the different options.

1	2	3
<b>Running</b>	<b>Skipping rope</b>	<b>Sit-up</b>
Current time, burnt calories and covered distance	Current time, burnt calories and duration doing skipping rope	Current time, burnt calories and duration of sit-up

#### 6. MESSAGE



On message mode, long press the button to enter and view the record of last 3 messages.

**Notes** : The wristband will push multiple reminder messages to inform you to read them. If there are no messages, « NONE » displays.

#### 7. MORE MENUS (« MORE »)



On this mode, long press to enter the menu. Then, short press to scroll through the following options : Camera – Looking for – Theme – Reset – QR banner logo – System information.

Stop when you reach your desired option and long press to enter.

Note : The QR banner logo can only viewed. See « TURN OFF » procedure for using « System information » menu.

##### a) CAMERA (Remote photography)

To enable your wristband to control the camera of your cellphone to take remote photos, proceed as below:

Open the App. Tap « **SET** », then « **REMOTE TAKE PHOTOS** » and « **ALLOW** » to authorize FitPro App to take pictures and access the album to save the photos.

The camera interface of your cellphone automatically opens up. Shake the wristband or turns the wrist. The camera mode automatically opens up on your wristband. A photo is taken after 3 seconds (the countdown from 3 to 0 displays on the cellphone's screen).

**Note:** When taking a remote control photo, the bracelet can not operate other functions, you must exit the camera interface.

### **b) LOOKING FOR THE WRISTBAND (« LOOKING FOR »)**

To use this function, you should need to connect to the App. Tap « SET » at the bottom. Tap « Find » and the wristband will vibrate.

### **c) THEME**

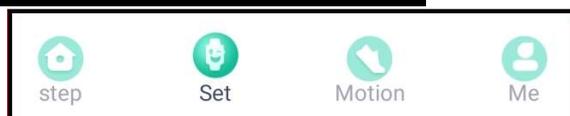
On theme mode, long press to enter. Short press to scroll through the different display themes proposed for clock display. Stop pressing when you reach the desired theme. Then long press to save as current clock theme.

### **d) RESET**

On RESET mode, long press till the message « RESET » displays.

## **APPLICATION OPERATION**

At the bottom of the App interface, the different modes display: "Step" - "Set" - "Motion" - "Me".



« Step » displays all the data for the distance covered, calories burnt, targeted goals that you set and have to reach, data related to health, real-time heart rate, etc.

" Set" allows to set the alarm, to activate/ deactivate notifications, upgrade the App, etc.

"Motion" enables to calculate the distance, total time, average pace and heat consumption when you are walking/ running/ doing bike. To end or carry on, swipe to the right the green banner at the bottom of the screen. Then choose to carry on or end.

Note: The current route you are taking displays on the screen.

"Me" concerns the settings and input of your personal information. Refer to section " Filling in personal information".

### **INCOMING CALL AND MESSAGE NOTIFICATIONS**

When you are logged in, if the call alert function and SMS reminder function are enabled, the wristband will vibrate when there is an incoming call or a text message.

When the call comes in, the name or number of the caller will display if you have allowed the App to access the address book.

To enable the call alert and SMS reminder, tap "Set" at the left bottom of screen. Tap "Message push". Activate "calls remind" and "SMS remind" by sliding the grey circle to the right (it becomes green).

If you want notifications for instant messaging such as Wechat, Facebook, Twitter, Whatsapp, do the same procedure.

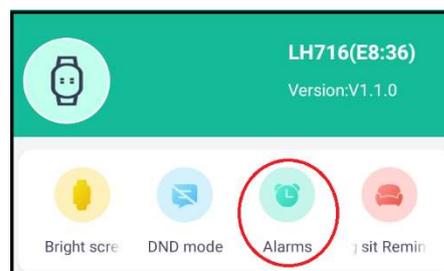
When they are enabled, the wristband will vibrate to remind and display the content received by the App. The wristband can display 20-40 words and the record of last 3 messages can be viewed in the ring information menu.

- To use this reminding function (notifications of incoming calls, messages and other reminders), you need to accept all permissions on the parameters of your cellphone and those of "FitPro" to allow this app to run in the background.
- Make sure that the vibration sound is activated otherwise the wristband will not vibrate. If it is not the case, tap « SET », then « Other ». Locate « Vibrate setting », then activate the vibration sound by sliding the grey round to the right (it becomes green). The vibration is activated.
- If the wristband is disabled, there will only be a screen reminder on the screen without vibration.

## ALARM SETTING

To set the alarm, proceed as below :

1. Tap « **Set** » at the bottom, then « **Alarms** » at the top, just under the green banner.
2. Tap « **+** », at the top far right, to enter the alarm setting.
3. Scroll up or down with your finger to choose the hour digit.
4. Repeat the same procedure for minute digit.
5. Select the day (The day or days chosen should be in green colour, the deactivated days should be in grey colour.) Then confirm.  
After setting, the alarm time set will be successfully synchronized to the bracelet even if the APP is not connected.
6. When the time reaches the alarm time, the  icon displays and the wristband vibrates.



**NOTES** : 8 alarms maximum can be set.

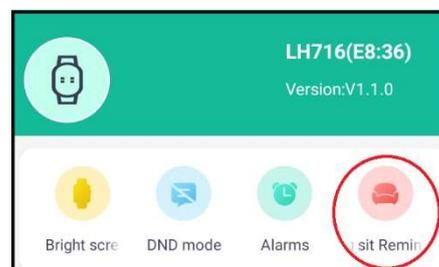
Make sure that the vibration sound is activated otherwise the alarm will not ring. If it is not the case, tap « **SET** », then « **Other** ». Locate « **Vibrate setting** », then activate the vibration sound by sliding the grey round to the right (it becomes green).

## SEDENTARY REMINDER

You can set the duration of sitting position. If you sit for a long time in the set time, the bracelet will remind.

Tap "**Set**". Tap "**Long sit remind**" to enter. Slide the grey circle to the right to activate the sedentary reminder (the circle becomes green). Set the duration of sitting time: starting and ending time.

Tap on the arrow  at the far left top to go back to the previous page.



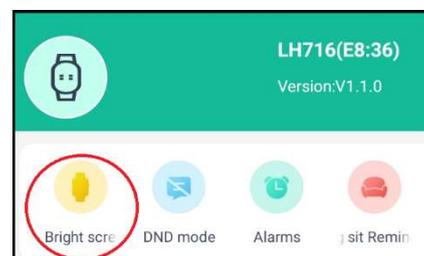
## LIGHT UP THE SCREEN

When the wristband is in sleeping mode, you can light up the screen by simply lifting your wrist and turn the screen towards you. To do so, proceed as below to activate the function "Bright screen" :

Tap "**Bright screen**". Turn it on by sliding the grey circle to the right. It becomes green.

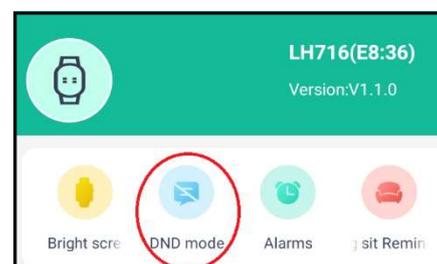
You can set the starting and ending time.

Tap on the arrow  at the far left top to go back to the previous page.



## DND Mode (Do not disturb mode)

1. Tap « **SET** » at the left bottom of the screen.
2. Tap « **DND mode** ». In DND mode interface, slide the grey circle by sliding the grey circle to the right (it becomes green).
3. You can set the Do not disturb time period: starting and ending time. During the set time period, you will not receive notifications when DND is on.

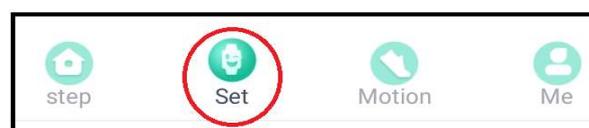


## RESET DEVICE

Tap « **SET** », then « **Reset device** ». Finally tap « **Confirm** » to reset.

Setting this function will erase all data in the bracelet (such as step counting).

## REMOVE DEVICE



This function will erase all data and the device will be disconnected. Proceed as below:

Tap "Set", then tap "Remove".

**Note:** To reconnect, bind the cellphone and wristband by proceeding as follows: Tap "Set". Tap "Bind devices to experience more features". The App starts scanning. Tap "LH716" and wait for connexion.

## SLEEP MODE

If you wear the wristband to sleep, the wristband will automatically enter the sleep monitoring mode from 10PM. When you fall asleep, it will automatically detect sleep/ shallow sleep/ wake up all night and calculate your sleep quality. After 4 hours of sleeping, the data will be synchronized to the App while sleeping. There is no need to do settings. The data can only be viewed as follows: Tap "STEP" at the left bottom. Scroll down the screen with your finger. Tap "Sleep"



## WARNINGS

1. Do not subject it to strong impacts and do not throw it.
2. Do not drop, short-circuit, modify, disassemble or puncture it.
3. **All repairs should be done by a qualified technician.**
4. Keep it away from heat sources, direct sunlight, humidity, water or other liquids.
5. Do not operate it under high or very low temperatures.
6. Do not immerse in water. Do not swim or bath with the wristband.
7. It is not a toy. Keep out of reach of children.
8. Remove the batteries if you plan not to use the device during a long period.
9. Always connect the wristband when synchronizing data.
10. Make sure to check the cellphone memory information before using the app. If you don't have enough memory, your app may shut down and restart. Please clear your cellphone's memory.

## SAFE INSTRUCTIONS FOR BATTERY

### ATTENTION

- Lithium-ion batteries can easily rupture, ignite, or explode when exposed to high temperatures, or direct sunlight.
- Do not disassemble or modify the battery. The battery contains safety and protection devices, which, if damaged, may cause the battery to generate heat, explode or ignite.
- Since the battery cannot be removed from the case, please dispose of the case together with battery safely in the collection points intended for disposal of this kind of product. Make sure that the battery has been completely discharged before disposing of the case.

## MAINTENANCE

- Clean only with a dry cloth.
- It is important that no liquid reaches the inside of the unit.

**WARNING:** You should not dispose of this device with your household waste. A selective collection system for this type of product is implemented by your local authorities. Please contact your local authorities to find out how and where collection takes place. These restrictions apply because electrical and electronic devices contain dangerous substances that have harmful effects on the environment or on human health and must be recycled.

This symbol indicates that electrical and electronic devices are collected selectively. The symbol shows a waste container crossed out with an X symbol.

If the power cable is damaged, it must be replaced by the manufacturer, its after-sales service, or a person qualified in this area in order to avoid accidents.

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