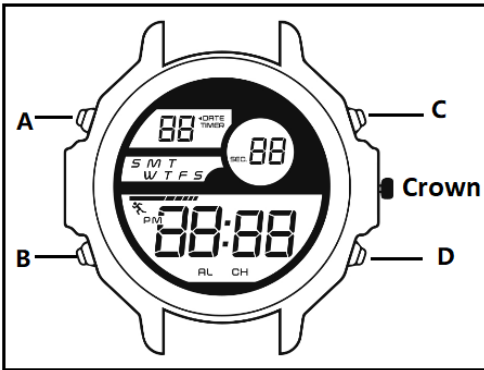


INSTRUCTION MANUAL

* Please read these instructions carefully before using the product for the first time and keep them for future reference.
 * Before Use: First remove the plastic stopper and push the crown (C) fully into the watch.

I. PRODUCT DESCRIPTION



- A: Backlight
- B: Mode
- C: Start (Chronograph)
- D: Reset (Chronograph)

FEATURES

- Display: Hour, Minute, Second, Date, month and Day of the week.
- Daily Alarm and Chime hourly
- Countdown timer
- 12/24H format selectable,
- 1/100 second Chronograph
- EL backlight

II. TECHNICAL SPECIFICATIONS

- 1 pce 3V CR2025 button cell for the LCD display
- 1 pce 1.55V SR626SW button cell for the movement
- 1 ATM

III. USE

A. SETTING ANALOG TIME

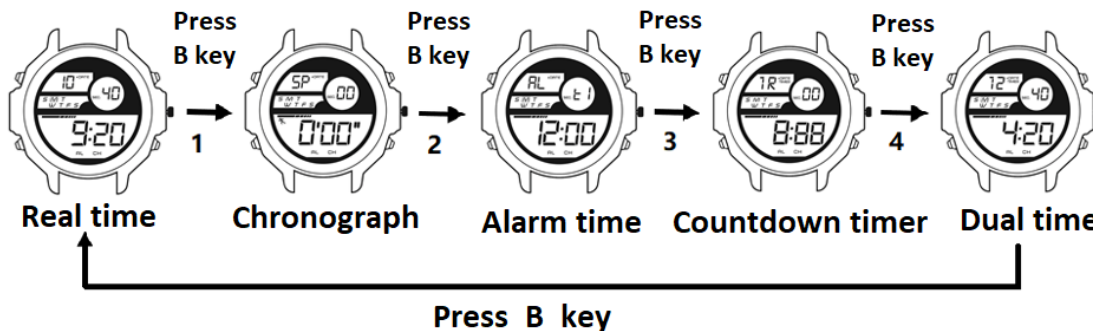
1. Pull the crown to position 2 and rotate it to set the time.
2. Push the crown back to position 1 to confirm and finish setting the time.



B. BUTTON FUNCTIONS

a) MODE

In real time display, press B button successively to toggle between the different modes.



In real time mode, press and hold "C" button to enter date mode. The day, month and weekday only displays. Release the button to exit date mode and return to real time mode.

b) DIGITAL REAL TIME AND DATE SETTING

In real display mode, the day displays at the top, to the left.




The setting sequence is as below:



In real-time display mode:

1. To enter time setting mode, press **D** button. The second digit start flashing.
2. Press **C** button to reset the seconds to “00”.
3. Press **B** button to confirm and switch to hour digit. Hour digit will flash.
4. Press **C** button to adjust. Press **B** button to confirm and switch to the following setting value which will flash.
5. Repeat step 3 to set the minutes, month, date, weekday and hour format: 12/ 24Hr.

NOTES:

- When selecting the weekday, make sure that the icon  hides the correct weekday. See table below for the abbreviations of weekdays.

Abbreviations for days of week

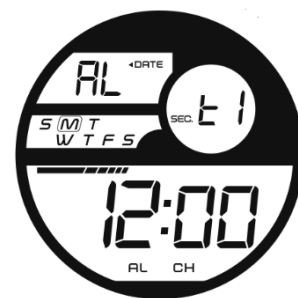
S	M	T	W	T	F	S
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY


- When setting the hour digit, press button **C** repeatedly by referring to these landmarks below:
 - * In 12-Hour format: No indicator displays for morning (from midnight to 11:59AM). "PM" stands for afternoon (from noon to 11:59PM). It displays to the left of hour digit.
 - * In 24H format: No indicator displays from midnight to 11:59PM.

6. After setting the hour format, press **D** button to exit and return to real time mode.

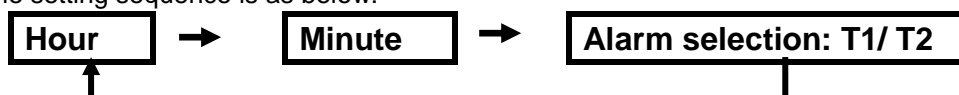
c) SETTING THE ALARM AND HOURLY CHIME

There are two alarms: “T1” and “T2”. They display just above the minute digit, in the circle.



 Only one alarm can be set: “T1” or “T2”. Make sure to select the correct symbol when setting the alarm: “T1” for the real time and “T2” for the dual time.

The setting sequence is as below:



When setting the alarm, make sure the hour format of the alarm is same as the one of normal time display - refer to the notes in section b) digital real time and date setting - otherwise the alarm will not go off.

In real-time display mode: Press **B** button twice to enter alarm mode.

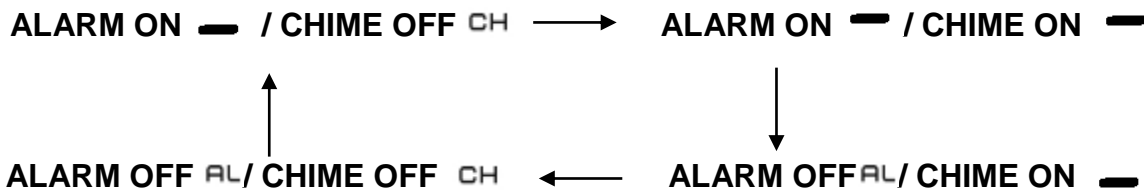
1. Press **D** button until the hour digit start flashing.
2. Press **C** button to adjust the hour digit.

3. Press **B** button to confirm and switch to the minute digit.
4. Press **C** button to adjust the minute digit.
5. Press **B** button to confirm and switch to alarm selection: "T1" or "T2". Press **C** button to select.
6. Press **D** button to confirm and exit alarm setting mode.


ACTIVATE OR DEACTIVATE ALARM /HOURLY CHIME

In alarm mode:

Press **C** button repeatedly to adjust the desired symbol either activate or deactivate alarm: "AL" / hourly chime: "CH" according to the order shown below:



NOTES:


- 1) When the alarm or hourly chime is activated, a black rectangle  hides their respective symbols: AL/CH. When they are deactivated, their respective symbols: AL/CH display.
- 2) When the icon **CH** of hourly chime is activated, the watch beeps every sharp hour.

ALARM TRIGGERING:

When the alarm goes off:

- Press any button to stop it OR let it sound for 15 seconds till it stops automatically.

d) CHRONOGRAPH FUNCTIONS




In real time display mode: Press **B** button **once** to enter stopwatch mode. The "SP" and  "running man" icons display.



Press "C" button:

1. Once to start the chronograph;
2. A second time to stop the chronograph;
3. A third time to continue timing.
4. To reset the stopwatch to zero, press "C" button to stop the chronograph, and then press "D".

NOTES:

- When you switch to other mode, the chronograph continues timing in the background if you don't stop it.
- The chronograph display range is limited to 23 hours, 59 minutes and 59.99 seconds. When it reaches this limit, it restarts from zero.
- When the stopwatch is timing, the running man icon  will be flashing in all modes. When the timing is stopped, this icon only appears in chronograph mode.
- When the stopwatch is timing, the icons  moves clockwise on week icons **S M T** / **W T F S** only in chronograph mode. When the timing is stopped, this icon  disappears.

SPLIT TIME

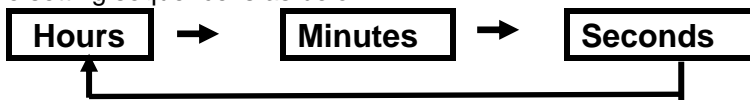
1. When it's timing, press **D** button to take a split time
Note: When taking a split time, the chronograph continues timing in the background.
2. Press **D** to resume timing. Press **D** to take a second split time.
3. Repeat step 2 to take any additional split times as desired.
4. Press **C** button to stop timing and exit split time.
5. press **D** button to reset it to zero.

The mode below enables to take intermediate time readings of 2 runners as a race progresses.

1. When it's timing, press **D** button when the first runner finishes. His time is then displayed.
Note: After pressing **D**, the chronograph continues timing in the background.
2. When the second runner finishes, press **C** to take his time. Press **D** to display his time.
3. Press **D** again to reset to zero.

e) TIMER SETTING

The setting sequence is as below:



In real-time display mode: Press **B** button three times to enter countdown timer mode. "TR" displays at the top, to the left.

1. Press **D** button. The hour digit starts flashing.
2. Press **C** button to adjust. Press **B** to confirm and switch to the next value, which will flash.
3. Repeat step 2 to set the minutes and seconds.


Note: The second digit should be 00 before starting the timer.


4. Press **D** button to exit timer setting mode.

f) TIMER OPERATION

1. Press **C** button to start the countdown timer. Press again to stop it. Press once more to restart.

NOTES:

From the beginning till the end of countdown operation, the icon: **TIMER**, beside "TR", flashes in countdown mode and other modes, and the  icon moves counterclockwise on the week's indicators **S M T**
W T F S.

When the countdown stops or is stopped, "TIMER" stops flashing and the  icon disappears.

2. Ten seconds before the end of the countdown, the watch will emit one beep per second. When the timer reaches "00", the buzzer will sound for 10 seconds.
3. Press any button to stop the buzzer.

NOTE:

Testing buzzer tone: In countdown timer mode, when the countdown timer displays "00", press **C** button to make the buzzer sound. The buzzer sounds. Press **C** again to stop it.

g) SETTING THE DIGITAL DUAL TIME

The dual time mode may be used either to set a second time zone when you travel or to let you keep track of a foreign time.



The minutes and second digits cannot be set in dual time setting mode. They are fixed.



In real time display mode: Press B button 4 times to enter dual time mode. "T2" displays at the top, to the far left of the screen.

1. Press **D** button to enter dual time setting mode. The hour digit will flash.
2. Press **C** button to set the hour digit.
3. Press **D** to confirm and exit dual time setting mode.

h) BACKLIGHT FUNCTION

Press **A** button once to turn on the EL backlight for 3 seconds in any mode.

IV. WARNING

- To ensure a waterproof seal, always make sure that the crown has been pushed back into the normal operating position.
- DO NOT USE the crown or any other buttons underwater or when the watch is wet.
- To maintain the aesthetic appearance of your watch, avoid contact with perfumes, nail polish, varnish, cosmetics, cleaning products, adhesives, and paint, as they can cause discoloration, deterioration and damage.
- To prevent any risk from perspiration, dust and humidity, regularly wipe your watch with a soft, dry cloth.
- To ensure the longevity of your watch, please observe the following instructions: Do not attempt to open the watch casing. The battery must be replaced by a qualified person.
- Your watch is shock-resistant. However, to avoid damage, make sure you do not drop or hit it against hard surfaces.



WARNING: You should not dispose of this device with your household waste. A selective collection system for this type of product is implemented by your local authorities. Please contact your local authorities to find out how and where collection takes place. These restrictions apply because electrical and electronic devices contain dangerous substances that have harmful effects on the environment or on human health and must be recycled.

This symbol indicates that electrical and electronic devices are collected selectively. The symbol shows a waste container crossed out with an X symbol.



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